



Kennesaw Parks & Recreation
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Press Release

NEW WALKING TRAIL AT ADAMS PARK

Kennesaw, Georgia (June 24, 2005) - Construction is underway at Kennesaw's Adams Park on a new perimeter walking trail. The 8-foot wide concrete trail will be over 3,000 feet in length, and will extend from Park Drive at the northern boundary of Adams Park, to points near Watts Drive along the southern boundary of Adams Park. Trail construction is expected to be completed by mid- to late-summer.

"The walking trail will enhance recreational opportunities for healthy living and provide the community with a safe place to walk", said Doug Taylor, Director of Parks & Recreation. Walking can also reduce stress, clear your mind, strengthen your bones, and add years to your life. There are few exercises as enjoyable and beneficial as walking.

Future plans for the trail include picnic tables, benches and trail markers.

For additional information about the walking trail, please call the Kennesaw Parks & Recreation Department at (770) 422-9714.

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